







# Youth Multimedia and Food

Raising the profile and skills of young people by working with and recording sustainable enterprises that produce and process food

# YOOF Workshop UK FarmVisits

## **Brewery House**

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We are part of the old Rutland Brewery. The garden, paddock and orchard are more than an acre. The main house and stables have various renewable technologies. We have been gardening organically and educating about it for more than 30 years. We have a fruit orchard, soft fruit, vegetable plots, tree nursery, polytunnel, geese and chickens. Fruit and veg are sold on the road. We preserve and process a lot of produce, and make cider, wine and fruit juices for the year. We also have a range of renewable energy technologies such as heat pumps, PV panels and a solar thermal panel.

I was a part-time member of staff for WWOOF-UK and coordinated the LLOOF education project (<a href="www.lloof.eu">www.lloof.eu</a>). Myself and my wife Mary are both involved with education for sustainable development, Transition Towns, Forest schools, Fairtrade Town and Community Orchard groups. We also run regular traditional music sessions and dance workshops. So food, drink, dance and good company is a major part of our lives.

**WWOOF Hosts** 

SustEd - Sustainability Education

# **Thursday 6<sup>th</sup> September 12:00 – 15:30**

Adam and Fabio + mixed team of 5 to Seeds Cooperative

## **Seed Cooperative**

Gosberton Bank Nursery, Gosberton, Spalding, PE11 4PB David Price and Kate Ayre 01775 840592 <a href="mailto:seedcooperative.org.uk">secretary@seedcooperative.org.uk</a> david@seedcooperative.org.uk

#### Web

The Seed Cooperative

https://www.seedcooperative.org.uk

Gaia Foundation – Seeds of Freedom

http://www.seedsoffreedom.info

Seed Cooperative WWOOFers

https://freetobimble.com/volunteer/board-members-seed-co-op-uk

Open Pollinated Seed

http://open-pollinated-seeds.org.uk

Seed sovereignty

https://www.seedsovereignty.info

Garden Organic Seed Saving Guidelines

https://www.gardenorganic.org.uk/sites/www.gardenorganic.org.uk/files/Complete

%20Guidelines.pdf

A Guide to seed saving

https://www.navdanya.org/attachments/seedkit.pdf

#### Video

A food revolution starts with seed <a href="https://vimeo.com/272542508">https://vimeo.com/272542508</a>

Seed Co-operative is a community owned seed company that is growing and selling organic and biodynamic open pollinated vegetable, herb and flower seed in the UK. Launched in 2014, this initiative is building on the work of Stormy Hall Seeds which for 20 years has been the biggest organic vegetable seed producer in the UK on just 7 acres. A small farm in Lincolnshire, run by a small team of staff and volunteers, is currently in organic conversion, and provides a hub for a growing UK wide network of seed producers.

As a Community Benefit Society the capital backing is mainly provided through community shares, with 260 people current co-owners, and many more sought. Seed sales will mean that seed production will at least break-even and pay staff and overhead costs in the long-run, but just as only inherited farms can be viable in the current economic situation, the wider community is enabling us to 'inherit' this farm. A similar model to a community shop or community pub.

Our focus is on regenerating UK farm-based organic seed production and participatory plant breeding amongst small scale growers to ensure the availability of appropriately priced seed of the best quality and suitable for UK growing conditions. Seed Co-operative has a customer base of over 4,500, partly inherited from Stormy Hall Seeds, and deals with commercial growers and organic retailers, plus mail order and web sales to gardeners. In 2016 there were eight growers producing seed as part of the network, in 2017 this figure increase to 17, with more interested in getting involved in 2018.

## **Thursday 6<sup>th</sup> September 12:00 – 15:30**

Lauren and Chemi + mixed team of 5 to Whitehall Farm

### Whitehall Farm

Ramsey Road, Farcet, Peterborough, Cambridgeshire, PE7 3DR Stephen and Lynn Briggs, and Joel Rodker 07855 341309

<u>advice@abacusagri.com</u>

<u>https://abacusagri.com</u>

info@harvestbarn.co.uk

#### Web

https://harvestbarn.co.uk

http://www.agricology.co.uk/farmers-and-growers/stephen-briggs-0

Alley Cropping

http://www.aftaweb.org/about/what-is-agroforestry/alley-croping.html

Natural England higher level stewardship agreement

https://en.wikipedia.org/wiki/Environmental\_stewardship\_(England)

Land Workers Alliance

https://landworkersalliance.org.uk

The Market Gardener, Fortier

https://ebookmega.com/epubID-0865717656.html

#### Video

Agroforestry on Whitehall Farm

https://www.youtube.com/watch?time\_continue=6&v=63VYutmrRvY
Rodker's Journey https://www.youtube.com/watch?v=NAZG4R\_pWnM
Fortion's form https://www.youtube.com/watch?v=gl\_eQvfY=D4

Fortier's farm <a href="https://www.youtube.com/watch?v=gl\_cOxfXzD4">https://www.youtube.com/watch?v=gl\_cOxfXzD4</a>

We mainly produce cereals: spring wheat (1.6 - 1.7 tonnes per acre, 13.5% protein for milling), winter wheat (2 tonnes per acre), spring barley (malting), winter oats, spring oats (2 tonnes per acre). Spring wheat is sold via direct sale to a local windmill producing Cambridgeshire grown and milled bread. Our spring oats are produced for breakfast cereals. Oats are sold via direct contract to an organic dairy farm. Clover is grazed by sheep. Cover crops grown include mustard and phacelia.

In addition to cereals we have fruit trees, all apples. We grow 15 varieties (6 heritage, the rest modern). 90% of the fruit is sold wholesale, 10% is pressed into juice by a subcontractor who produces 750ml bottles for sale. In the future we would like to move into self-retail.

We are half way through a Natural England higher level stewardship agreement. Options include: wild bird, pollen and nectar mixtures, 15 hectares of over-wintered stubble, margins/buffer strips on all water courses, educational access, field corners and hedge planting. In th past we have also produced home grown field scale vegetables including organic leeks, broccoli and beetroot. Our vegetable production varies depends on marketplace opportunities.

Stephen & Lynn Briggs opened Harvest Barn Farm Shop at Whitehall Farm in January 2018. They have been farming at Whitehall Farm since 2007 & are first generation farmers with a passion for quality local food & wildlife. The 250 acre farm grows cereals, vegetables and fruit crops. The farm is a certified organic farm. The oats we grow are certified gluten free. We hold a Higher Level Stewardship Scheme (HLS) agreement with Natural England. The farm has over 25 acres of wild flowers, pollen & nectar rich species, rough grasses and wild bird food, along with 'scruffy' ditch & field edges which are a Haven for wildlife.

In 2009 they planted 4500 apple trees as part of the UK's largest Agroforestry system (growing trees & crops in the same fields). This helps improve our soil & benefits biodiversity, ecology & wildlife. Many of the salads, vegetables & flowers are from the farm grown by Joel.

# **Saturday 8th September 12:00 – 15:30**

Adam and Chemi + mixed team of 5 to Cuckoo Farm

## **Cuckoo Farm Lodge**

Pat, Henry and Roland Taylor Stamford Rd, Ketton, Stamford PE9 3UU 01780 722009 <u>cuckoofarm@btconnect.com</u> <u>info@rutlandorganics.co.uk</u>

#### Web

Rutland Organic Poultry
<a href="https://www.rutlandorganics.co.uk">www.rutlandorganics.co.uk</a>
Soil Association Animal Welfare Standards

https://www.soilassociation.org/organic-living/whyorganic/better-for-animals

https://www.soilassociation.org/organic-living/whyorganic/better-for-animals/sheep

https://www.soilassociation.org/organic-living/whyorganic/better-for-animals/poultry-chickens

**Keeping Turkeys** 

http://www.chickens.allotment-garden.org/keeping-turkeys

LLOOF Guide - Chapter 5 and 6

Rutland Organic Poultry is licensed by the Soil Association to produce organic free range poultry turkeys, chickens, cockerels and geese and eggs. We also produce venison and lamb. All the stock is organic and welfare is of great importance. They use organic certified feed and supplement with their own organic cereals. They grow the birds slowly and they spend most of their lives ranging freely over the organic pastures. The herd of fallow deer graze round the chicken huts. The sheep graze the clover-rich organic meadows. They have a small butchery where they kill and butcher chickens, turkeys, sheep, deer and pigs. They are just starting to diversify in farm eco-tourism with a green campsite, and small farm shop.

# **Saturday 8th September 12:00 – 15:30**

Lauren and Fabio + mixed team of 5 to Green Backvard

## **Green Back Yard**

Lauren Kendrick Urban Community Garden, Oundle Rd, Peterborough PE2 8AT 07523 939424

#### Web

http://www.thegreenbackyard.com
Federation of City Farms and Community Gardens
https://www.farmgarden.org.uk
LLOOF Guide - Chapter 2 and 10

#### Video

**Community Growing** 

https://www.farmgarden.org.uk/resources/community-growing-videos

**Engaging communities** 

https://www.youtube.com/watch?time\_continue=6&v=TKjW9Y\_AuN4

The Green Backyard is a vibrant community growing project in the heart of Peterborough, established in 2009. From this urban space we have transformed a once derelict former allotment site into a beautiful and productive community garden that is open to everyone. We are passionate about sustainability and work to raise awareness of environmental issues by involving the community in informative, practical demonstrations and workshops. We work with many different individuals and groups, as well as various schools, businesses and other organisations from across Peterborough and beyond. The Green Backyard became a registered charity in January 2014.

The Green Backyard could not exist without the people of Peterborough working together to make our city a more friendly and healthy place to live, so why not come down on one of our regular volunteer days to get involved and learn a whole host of new skills at the same time? From fruit and vegetable growing to habitat creation and composting, or working in our Backyard Food shop, there's something for everyone! We also hold a wide variety of events throughout the year; from live music and arts jams to craft fairs and performing arts.